

Natick Recreation and Parks Department
"Create Community through People, Parks and Programs"



WINTER 2012/2013



Programs & Events Brochure



**Registration for Winter Programs
will be done ON-LINE
Beginning Thursday, December 6 at 7:00 pm**



@ natickrecreation

Registration is on a "First Come - First Served Basis"
Walk-in registration will be allowed starting Friday, December 7 at 8:00 am

www.natickma.gov/recreation

Welcome to our Winter Programs Brochure for 2012/2013

We are pleased to present the 2012/2013 Winter Programs and Events Brochure to our Community. We find ourselves with some great opportunities with the addition of the new Natick Community-Senior Center. We look forward to working with our fellow departments to create some new programs that will continue to serve residents of all ages. I would like to thank our Administrative Staff for their hard work as our department has faced numerous personnel and program changes. We can't thank our program staff and volunteers enough for their efforts each season in making our programs great. We continually look for the feedback of residents and our Recreation and Parks Commissioners work very hard to make sure the Department is meeting the needs of the Community.

Please contact the office at 508-647-6530 if you should have any questions.

Jon Marshall, Director • NR&PD

Commissioners:

Wayne Szretter, Chairman • NR&PD Commission
Tim Kelley
Ron Ordway

Mike Fair
Seth Levine
Sue Shea

John Griffith
Mark St. Hilaire
Jessica Ordway

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Important Recreation & Parks Dates

Registration Deadlines

December 6 On-Line Program Registration Begins at 7:00 pm
December 7 Walk-in Program Registration Begins at 8:00 am at Cole
December 7 On My Own Playgroup Lottery • See Page 2
January 5 Winter Drama Workshop • Audition/Workshop

Community Special Events

Please refer to Page 8 for information on the following activities:

November 25 "Holiday Lighting" on Natick Common from 2:30 - 4:45 pm

PRE-SCHOOL

ATTENTION!! Playgroup **WILL REGISTER AS A LOTTERY.**
Registration Forms and payment are due by 5:00 pm on
Thursday, December 6.

Lottery will be done on Friday, December 7.
Confirmation calls will be made to all in Lottery.

"ON-MY-OWN" • PLAYGROUP

AGES 2 - PRE-K

TUE	9:00 - 11:00	2 yr. olds	\$140 (11 wks)
	11:30 - 2:00	3 yr. olds & Up	\$150 (11 wks)
WED	9:00 - 11:00	2 & 3 yr. olds	\$140 (11 wks)
	11:30 - 2:00	3 yr. olds & Up	\$150 (11 wks)
THU	9:00 - 11:00	2 yr. olds	\$140 (11 wks)
	11:30 - 2:00	3 yr. olds & Up	\$150 (11 wks)

REQUIREMENTS

- Child must be the proper age on the first day of class.
- Playgroup provides a comfortable and relaxed environment for your child to develop social skills with children their own age. Activities include: Free play, physical play, snack or lunch, art, circle time with music, stories and dance.
- Morning classes please bring a snack. Afternoon classes bring a lunch. **NO PEANUTS OR NUT PRODUCTS.**

WHEN: Tue, Jan 8 - Thu, Mar 28 (11 weeks)
No class Feb 19, 20, 21

STAFF: Kim Marshall-Condon, Michelle Rodriguez



"ON-MY-OWN" • PLAYGROUP VACATION WEEK • AGES 3 - PRE-K

Join us for playtime this Winter Break. Enjoy the same activities, playtime and fun your child experiences with Playgroup and Sunshine Center. Participants should bring a snack, winter clothing for outdoor play and change of clothes

Please Note: Must be a 2012 Sunshine Center or On-My-Own Playgroup participant!

WHEN: Wed - Fri, Dec 26, 27, 28 (3 days)

TIME: 9:00 am - 12 Noon

FEE: \$85

MICRO WHEELS • AGES 2 & 3 KNUCKLE BONES

Natick Recreation and Parks has contracted with the company "Knuckle Bones" to provide some amazing developmental and FUN programming. Micro Wheels will engage both Parent/Guardian and their toddler(s) with a developmental array of wheeled, self-propelled vehicles that will be used to gain balance, confidence and have loads of fun! Obstacle courses, street signs and varied activities will help these determined drivers to trust themselves as they look forward to the day they actually ride a bicycle on their own. Proper sneakers and long pants required.

Parent participation IS A MUST!

WHEN: Thu, Jan 17 - Mar 7 (7 weeks)

No class Feb 21

TIME: 9:00 - 10:00 am

FEE: \$75

INSTR: Knuckle Bones Staff

MICRO ATHLETICS • AGES 4 & PRE-K KNUCKLE BONES

"Knuckle Bones" wants to teach children the fundamentals of sports, help build confidence and to develop a passion for athletics and fitness that will stay with them a lifetime! Each class, Knuckle Bones will bring a plethora of different and unique equipment, mini-gym, rhinoskin balls, kickballs, scooters, balance bicycles and much more. This program and equipment focuses on fundamentals, gross motor development and physical fitness. Proper sneakers are required!

WHEN: Tue, Jan 15 - Mar 5 (7 weeks)

No class Feb 19

TIME: 9:00 - 10:00 am

FEE: \$75

INSTR: Knuckle Bones Staff

"BABES IN ARTLAND" • AGES 2 - 5

Children will be doing fun projects that will express creativity as well as build his/her self-esteem. **Parent participation is a mandatory component of this program!** Come have fun with your child!

WHEN: Thu, Jan 10 - Feb 7 (5 weeks)

TIMES: 10:00 - 10:45 am

FEE: \$53

"FUN WITH MESSY PLAY" • AGES 1 & 2

PARENTS! Here is your chance to get messy with your little ones without you dealing with the clean up. Children will enjoy water play, sand play, a different messy craft each week using play-doh®, paint, brushes, rollers, bubbles feathers and more.

WHEN: Wed, Jan 9 - Mar 13 (9 wks)

No class Feb 20

TIMES: 10:45 - 11:30 am

FEE: \$133

INSTR: Muriel Sypek

"JUMP, TUMBLE AND SING" • AGES 2 - 4

A fun, active class that includes physical play and movement with slides, balls, tunnels, beanbags and some parachute play! Parent or guardian participation is a requirement, so parents should be dressed to be active.

WHEN: Wed, Jan 9 - Mar 13 (9 wks)

No class Feb 20

TIMES: 9:30 - 10:15 am

FEE: \$97

INSTR: Muriel Sypek

THUNDERCATS MINISPORTS • AGES 4 - PRE-K

This fun program will include soccer, basketball, Sofftee™ hockey and other unique games like Sponge Bob Tag and "Finding Nemo". Emphasis is on basic skill building, developing hand-eye coordination, teamwork and FUN! Each participant will receive a sports related item.

WHEN: Thu, Jan 10 - Feb 7 (5 weeks)

TIME: 2:45 - 3:30 pm

FEE: \$60 (Includes supplies)

DANCE CLASSES

Students should wear ballet slippers, non-skid socks or bare feet

INTRO TO DANCE 1 • AGES 3 & 4

An introduction to the wonderful world of dance. Students will develop their gross motor skills, coordination, group skills and self-confidence in a fun and active learning environment. The class incorporates creative movement and basic dance positions and steps with fun, lively music. *It is suggested that your child be able to separate. Any child who is age 3 as of January 1 should take 1 session of Intro to Dance 1 before moving to Intro to Dance 2.*

INTRO TO DANCE 2 • AGES 3 & 4

For children who have had Intro to Dance 1, are older pre-schoolers, or have had another dance class. Dancers continue to develop their skills and explore their creativity through movement, music and imagination.

PRE-K DANCE • AGES 4 1/2 - 5 1/2

WEDNESDAY ONLY

Taking the skills and joy of Intro to Dance to the next level. During the first part of each class, children will learn basic ballet positions and combinations, dancing gracefully to some classical and some familiar music. Each class concludes with some moving and grooving to current, upbeat, age appropriate music.

Children would benefit from taking at least one session of Intro to Dance, or the equivalent, before Pre-K Dance.

WHEN: Tue, Jan 15 - Mar 12 (8 weeks) **or**

Wed, Jan 16 - Mar 13 (8 weeks)

No class Sep 19, 20

TIME:	Tue	9:45 - 10:30 am	Intro to Dance 2
		10:30 - 11:15 am	Intro to Dance 1
	Wed	9:45 - 10:30 am	Intro to Dance 1
		10:30 - 11:15 am	Intro to Dance 2
		11:15 am - Noon	Pre-K Dance

FEE: \$78/Level/Class

INSTR: Cindy Wright • Cindy is the Owner/Director of Cindy Wright Dance Studios in Wellesley and has taught dance for 30+ years. She has been an accomplished choreographer in local community theater since 1995. Cindy is also the Director of our own Natick Drama Workshop. We are very excited to add her to our programming staff.

YOUTH & TEENS

BIRTHDAY PARTIES

- Want to host your party with us?
- Up to 2 hours of party time in our Game Room (Air Hockey, Foos Ball, Ping Pong, TV/VCR, etc.)
- Up to 1 hour available Gym time (sports, tumbling & games equipment included)
- Supervised by Recreation Staff

WHEN: Sundays **ONLY**

TIME: 12:30 - 2:30 pm **or** 3:00 - 5:00 pm

FEE: \$175 for 2 hours.

You supply your own paper goods, cake and refreshments.

Rental is space and equipment only



For More Information Call 647-6530 and ask for Mary Lou

PARENTS NIGHT OUT

AGES 5 - GRADE 4

NOTE: This will follow our on-line registration process.

Drop kids off for a night of games, crafts and movies while you have your own night of fun. Supervision by CPR & First Aid certified staff. Cheese pizza, a small snack and juice will be served.

A concession table is available.

WHEN: Sat, Jan 5, 19, Feb 2, 16, Mar 2, 16

TIME: 5:00 - 9:00 pm

FEE: \$18 1st child, \$12 2nd child, \$6 each additional child (in your immediate family.)

NOTE: For a full refund, the Recreation and Parks Office must receive cancellations by **noon the Friday before your scheduled PNO.**

FANTASTIC FRIDAYS

7:00 - 9:00 pm • \$5 (at the door)

Join your friends for a PARTY with a DJ, contests and the game room.

January 11	Grade 5
January 25	Grade 6
February 8	Grade 5
March 8	Grade 6
March 22	Grade 5

DECEMBER VACATION PROGRAM • GRADES 1 - 4

3-DAY SPORTS & GAMES PROGRAM

Play games such as soccer, basketball and floor hockey at Cole Center. Crafts and board games are also part of the fun. Bring a water bottle, snack and a lunch that does not need to be refrigerated.

WHEN: Wed, Dec 26 • Thu, Dec 27 • Fri, Dec 28

TIME: 9:00 am - 3:00 pm

FEE: \$30/Day **or** \$80 for all 3 Days

PLAY TENNIS AMERICA • GRADES 3 - 7

Basic fundamentals for beginners and advanced beginners.

WHEN: Sess 3 • Sun, Jan 6 - Feb 10 (6 weeks)
Sess 4 • Sun, Mar 3 - Apr 14 (6 weeks)
No class Mar 31

TIME: 5:00 - 6:00 pm • Grades 3 & 4
6:00 - 7:00 pm • Grades 5 - 7

WHERE: Natick Racquet Club
16 Michigan Dr., Natick

FEE: \$95 (6 weeks)



NASHOBA VALLEY • GRADES 3 - 8

Geared to beginners through intermediates, one-hour ski/snowboard lessons plus 2-hours free ski per week.

Please Note: After you register, our office will send a "Nashoba Valley Snow Sports Released Liability" to each member via e-mail. These must be filled out and either brought back, mailed back, faxed or emailed before your child can ski or snowboard. *Thank you!!*

WHEN: Sun, Jan 6 - Feb 10 (6 weeks)
TRAN: Bus Leaves from Cole Center
7:30 am - Returns 1:15 pm (approx.)

FEE: \$267 Ski/Snowboard lessons
RENTAL FEE: \$95 w/Ski/Snowboard fitting

Cancellations: Call 508-647-6530 after 6:30 am and follow menu for cancellations.

***Attention Renters:** There will be a pre-season fitting with the Rental Staff from Nashoba at the Cole Center on Monday, December 10 from 6:30 - 7:30 pm. Those attending the fitting on December 10 should bring a check for \$95, made out to "Nashoba Valley Ski Area." You will save \$10 by coming to the fitting, as well as, eliminating a lot of confusion for your child. ***NOTE:** Renters who do not attend the fitting on December 10 will need to go to Nashoba Valley on your own prior to first week of the program and get sized.

DO NOT PAY THE RECREATION DEPARTMENT FOR THE RENTALS.

***NOTE:** If parents are interested in chaperoning please call Dan Keefe at 508-647-6533 and indicate that while registering on line.

TERRIERS DODGEBALL • GRADES 2 - 4

A fun league for kids to enjoy one of their favorite games - Dodgeball! Kids love the fast paced action, throwing, catching and of course dodging balls in this great game. They also get a great overall workout and develop throwing, catching and agility skills. This program will be directed by Terriers Sports, who have run popular youth sports programs in neighboring towns for twenty years. Participants will be placed on teams and provided with cool Dodgeball team shirts. Terriers also mixes high-energy "arena" music into their sessions, creating an environment that kids love! For added fun at the conclusion of the program, teams will compete for a chance to win and sign the Terriers Dodgeball Bucket. Cushioned foam balls are used for safety.

WHEN: Wed, Jan 16 - Feb 13 (5 weeks)

TIME: 4:30 - 5:45 pm

WHERE: Cole Center Gym

FEE: \$95

INSTR: Terriers Sports Staff



MIDDLE SCHOOL & HIGH SCHOOL SKI TRIP!!

The MetroWest Recreation & Parks Departments are linking together to bring you a great day of skiing at Waterville Valley. We'll be leaving from a local Recreation & Parks Department and heading out for the day, returning back to that Department.

WHEN: Middle School Students • Sat, Jan 26
High School Students • Sat, Mar 2

FEE: \$100 (Includes Bus and Lift Ticket)

Limit: 15 (We may open more spots if there are enough registered to take a second bus.)



NATICK DRAMA WORKSHOP • GRADES 5 - 8

An opportunity for children to experience and explore theater arts via participation in a full-length musical production. Attendance is mandatory. Participants in Grade 5 will be cast in the Chorus. There will be a meeting of all parents/guardians at 9:00 am, day of audition, for an overview and to sign up for various volunteer jobs that need to be done. Parent or legal guardian MUST accompany child to audition.

REGISTRATION IS ON-LINE

On-Line begins Thursday, December 6 at 7:00 pm
Registration will be first come - first served.

Parent or Legal Guardian MUST Accompany Child to Audition.

AUDITION: Sat, Jan 5 • 9:00 am - 12:30 pm at Cole Center

REHEARSALS: Sat, Jan 12 - Mar 9

There will be 5 technical rehearsals in the evenings leading up to opening night.

WHERE: Cole Center

TIME: 9:00 am - 12:30 pm

LIMIT: 55 children

FEE: \$96

SHOW DATES: Mar 15, 16, 17

STAFF: Cindy Wright, Director

Chris Letizia, Music Director

Lisa Cigna, Choreographer

Debi Finkelstein, Stage Manager

FUNDRAISING: Each participant is required to raise an additional \$50. The Friends of Natick Drama Workshop is a non-profit organization operating under a Board of Directors whose main purpose is to insure that the production needs of the NDW program are met through the coordination of parent volunteers.

Parent participation is a necessary and vital part of this program. Many parent jobs, both large and small, need to be done. Some can be done at home.



THUNDERCATS SPORTS JAM • GRADES K & 1

A co-ed, multi-sport program designed to give participants an opportunity to play and learn about basketball, soccer and floor hockey. Unique games and activities will be mixed in to create a fun, non-competitive atmosphere. Program will culminate with a *Fun Tournament Day!* Please bring an appropriate size basketball or soccer ball, with child's name on it.

WHEN: Thu, Jan 10 - Feb 7 (5 weeks)

TIME: 3:30 - 4:30 pm

FEE: \$70 (Bring a water bottle)

THUNDERCATS FLOOR HOCKEY • GRADES 2 & 3

Participants will learn fundamental hockey skills from enthusiastic Thundercat coaches through unique drills, games and teaching techniques. Each day will focus on a "skill of the day" including stick handling, shooting, passing and offensive/defensive strategies. After learning the basics of these skills, kids will put them to the test in a scrimmage at the end of each day. Hockey sticks and goggles will be provided and each participant will receive a sports-related item at the end of the program.

WHEN: Thu, Jan 10 - Feb 7 (5 weeks)

TIME: 4:30 - 5:30 pm

FEE: \$70 (Bring a water bottle)



FAMILY NIGHT • ALL AGES

Join us for a fun Family Night at the New Community-Senior Center. Stump Trivia will provide trivia questions for the entire family. Snacks and refreshments will be served.

All proceeds go to the Natick Service Council.

WHEN: Sun, Feb 24

TIME: 4:00 - 6:00 pm

WHERE: Community-Senior Center • 117 East Central Street

FEE: \$5/Adult, \$3/Child (age 4 - 17) • 3 years & under **FREE**

SKATING LESSONS

Begin the week of December 31.
For information and registration process for classes,
visit the website www.fmcicesports.com or
contact Donna Rozon at drozon@fmcicesports.com

START WITH ART • DRAWING & PAINTING • GRADES 3 - 6

This fun class includes theme based and color based lessons. Be inspired by famous artists. Create your own masterpiece! Venture into a multi-medium hands on class for an art experience. We will work with liquid watercolor paints, acrylic paints, oil pastels, charcoals and more. Students will explore sculpture, weaving, drawing, printmaking and painting. Our class is centered on each child's creativity and individuality.

WHEN: Mon, Jan 7 - Feb 25 (6 weeks)
No class Jan 21, Feb 18

TIME: 4:00 - 5:00 pm

FEE: \$138

INSTR: Christine Van



START WITH ART • DRAWING & PAINTING • GRADES K - 2

This fun class is for little hands. Our class includes theme based and color based lessons. Be inspired by famous artists Venture into a multi-medium, hands-on class for an independent art experience. We will work with watercolor paints, acrylic paints, oil pastels, pencils, markers and more. Students will explore sculpture, drawing, printmaking and painting. Our class is centered on each child's creativity and individuality.

WHEN: Thu, Jan 10 - Feb 7 (5 weeks)

TIME: 4:00 - 5:00 pm

FEE: \$118

INSTR: Christine Van



HOME ALONE SAFETY • GRADES 4 & 5

Girls and boys learn telephone and door answering techniques, Internet safety and accident and fire protection. They'll also learn some basic first aid and time management tips for when they are alone for short periods of time.

WHEN: Sess 1 • Wed, Feb 6 ~ or ~

Sess 2 • Tue, Mar 5 ~ or ~

TIME: 3:30 - 5:30 pm

FEE: \$40

INSTR: Juanita Allen, EMT and CPR & First Aid Instructor

BLAST! • GRADES 6 - 9

Babysitter Lessons And Safety Training

You'll learn how to react responsibly to medical emergencies, how to perform first-aid for common childhood injuries and illnesses, how to set-up and run your own babysitting business and how to entertain with games & songs. You'll receive easy-to-follow first-aid instructions and a sitter checklist you can copy for each job and a wallet-sized certificate of completion. Bring a light lunch and drink.

WHEN: Sess 1 • Wed, Feb 6 ~ or ~

Sess 2 • Tue, Mar 5 ~ or ~

TIME: 12:00 - 3:00 pm

FEE: \$45

INSTR: Juanita Allen, EMT,
CPR & First-Aid Instructor



NASHOBA VALLEY TUBING • GRADES 5 - 8

Release Day Trip!!

Don't Spend the Release Day In Front of the Tube!!

Join your friends on the tubing slopes at Nashoba for an afternoon of fun. Pack a lunch or bring \$\$ for lunch at the concession bar.

WHEN: Wed, Feb 6

TIME: Pick-up at Middle Schools at 11:30 am

Parents pick kids up at Cole Center at 5:30 pm

FEE: \$35

NOTE: This program takes place during an Early Release Day for the Town of Natick. Pick up will take place at either Kennedy Middle School or Wilson Middle School.



SOCIAL NETWORKING SAFELY FOR TWEENS • AGES 10 - 12

Social networking has become the new "playground" for "Tweens" and who can blame them for being drawn to a place where you can be anyone you want, meet people from around the world, share pictures and experiences, build or join a community or become an instant celebrity? In the Kid-proof Social Netiquette Workshop, students learn to develop and apply proper social etiquette, good citizenship and critical thinking skills to meeting people, sharing information and socializing through the internet.

WHEN: Thu, Feb 28

TIME: 3:30 - 5:30 pm

WHERE: Community-Senior Center • 117 East Central Street

FEE: \$45



MEDIEVAL PHYSICS • AGES 9 & UP

(Catapults & Trebuchets)

Participants will construct a quality machine made of wood that can be assembled and then reassembled as a trebuchet or a class-one or class-three lever catapult. Basic understanding of levers, mechanical advantage, potential and kinetic energy, gravity and a little physics. **No prior knowledge or experience is required.**

WHEN: Mon, Jan 7 - Feb 11 (6 weeks)

No class Jan 21

TIME: 3:30 - 5:00 pm

FEE: \$170

INSTR: Ed Harrow

NOTE: **Each participant will need 320 pennies (break open that penny jar - great use!!)**



INTRO TO ACTING & MUSICAL THEATER • GRADES 2 & 3

Explore the world of improvisation and performance while gaining skills in voice projection, diction, singing, dancing and teamwork. This 5-week course is a sneak peak to this spring's big show! Join us as we build basic skills in performance through fun-filled theater games and rehearsals and finish off with a mini-showcase for family and friends! This program is not a pre-requisite to a child participating in the spring show.

WHEN: Mon, Jan 7 - Feb 11 (7 weeks)

No class Jan 21

TIME: 3:30 - 4:15 pm

FEE: \$55

INSTR: Jaci Adams, BS Musical Theater, UNH



INTERMEDIATE ACTING • GRADES 4 - 6

Join us for a 5-week sneak peak to this spring's big show! Participants will gain skills in voice projection, diction, physical and sensory awareness, singing, dancing and character creation! We'll learn songs, dances and study scenes from this spring's big musical show off new skills in our mini-showcase. Participants will feel extra prepared for any auditions they might participate in. This program is not a pre-requisite to a child participating in the spring show.

WHEN: Mon, Jan 7 - Feb 11 (7 weeks)

No class Jan 21

TIME: 4:15 - 5:45 pm

FEE: \$70

INSTR: Jaci Adams, BS Musical Theater, UNH



MOTHER AND DAUGHTER SELF DEFENSE FOR MOTHERS AND THEIR DAUGHTERS • AGES 9 - 16

Villari's Martial Arts has built this class for mothers and daughters. It is geared around building confidence around the techniques and skills associated with self-defense. Master the art of kicking, punching and blocking. Each week your confidence will grow as the two of you work together to hone your skills. Don't miss out on this great opportunity to learn self defense skills together.

WHEN: Mon, Jan 7 - Feb 25
No class Jan 21 or Feb 18
TIME: 6:30 - 7:30 pm
WHERE: Community-Senior Center • 117 East Central Street
FEE: \$96/Couple
INSTR: Villari's Martial Arts



FATHER & SON SELF DEFENSE FOR FATHERS AND THEIR SONS • AGES 8 - 12

Villari's Martial Arts has built this class for fathers and sons. It is geared around building confidence around the techniques and skills associated with self-defense. Master the art of kicking, punching and blocking. Each week your confidence will grow as the two of you work together to hone your skills. Don't miss out on this great opportunity to learn self defense skills together.

WHEN: Wed, Jan 9 - Feb 13
TIME: 6:30 - 7:30 pm
WHERE: Community-Senior Center • 117 East Central Street
FEE: \$96/Couple
INSTR: Villari's Martial Arts

ADULTS

MEN'S OVER 30 BASKETBALL

Pick-up game format will be used.

WHEN: Sess 1 • Tue, Jan 8 - May 28 (19 weeks)
No class Feb 26, Apr 9
WHERE: Kennedy Middle School ~ or ~
WHEN: Sess 2 • Thu, Jan 10 - May 30 (21 weeks)
WHERE: Community-Senior Center • 117 East Central Street
TIME: 7:00 - 8:30 pm
FEE: Sess 1/\$62 • Sess 2/\$68

WOMEN'S OPEN GYM BASKETBALL

Pick-up game format will be used. Pre-registration is a must. High School graduate or older.

WHEN: Thu, Mar 7 - May 30 (13 weeks)
TIME: 7:00 - 8:30 pm
WHERE: Kennedy Middle School
FEE: \$44

CO-ED OPEN GYM VOLLEYBALL

Players must be out of High School. Will play pick-up volleyball every week.

WHEN: Wed, Jan 2 - Jun 12 (24 weeks)
TIME: 6:30 - 8:30 pm
WHERE: Community-Senior Center • 117 East Central Street
FEE: \$96

PLAY TENNIS AMERICA

Lessons for beginners, advance beginners.

WHEN: Sess 1 • Sun, Jan 6 - Feb 10 (6 weeks)
Sess 2 • Sun, Mar 3 - Apr 14 (6 weeks)
No class Mar 31
TIME: 7:00 - 8:00 pm
WHERE: Natick Racquet Club
16 Michigan Dr., Natick
FEE: \$95/Sess



EXERCISE-DANCE

Come join the Fun! Achieve your fitness goals with creative choreography and great music... Dance to the songs you love while you work your body. **Every Body Dance!!!**

WHEN: Tue and Thu, Jan 8 - Mar 28 (12 weeks)
TIME: 6:15 - 7:15 pm
FEE: \$135 for 2 nights/week *
(\$95 for only 1 night/week)
* **Recommended**
WHERE: Cole Center



HIGH SCHOOL HOOPS • GRADES 9 - 12

Pick-up game format will be used for current high school students.

WHEN: Mon, Jan 7 - Apr 29 (14 weeks)
No class Jan 21, Feb 18, Apr 15
TIME: 7:00 - 8:30 pm
WHERE: Community-Senior Center Gym • 117 E. Central St. • Natick
FEE: \$47



SATURDAY HIGH SCHOOL HOOPS • GRADES 9 - 12

Join us Saturday's at our brand new indoor heated gym at the new Community-Senior Center for "pick-up" basketball. Each week Recreation Staff will help organize participants into pick-up games for a casual but competitive play. Participants will also have priority registration for Recreation sponsored HS HOOPS Tournaments.

WHEN: Sat, Dec 8 - Feb 16 (9 weeks)
No class Dec 22 or 29
TIME: 1:00 - 2:30 pm Boys • 2:30 - 4:00 pm Girls
NOTE: Times will change to 12 - 2 pm (B) • 2 - 4 pm (G) after Jan 1.
WHERE: Community-Senior Center Gym • 117 E. Central Street
FEE: \$50



ADULT BASKETBALL • AGES 50 & UP

Pick-up game format for those who know how the game should be played.

WHEN: Tue, Jan 8 - Apr 30 (17 weeks)
TIME: 7:00 - 8:00 pm
WHERE: Community-Senior Center Gym • 117 E. Central St. • Natick
FEE: \$39

PUBLIC SWIMMING AT KEEFE TECH

750 Winter Street • Framingham

Natick & Framingham Recreation & Parks Departments are proud to provide Public Swimming at Keefe Technical School Pool weekends thru the end of April.

The pool will not be available these dates:

Dec 1, 2 (2012), Feb 2, 3, 16, 17 (2013)

Please check back for any March or April dates.

Groups of 6 or more **MUST** notify Framingham Recreation at 508-532-5960 **4 days in advance** to insure proper lifeguard staffing.

TIME: Sat: 2:00 - 3:00 pm Senior Citizens ONLY • **Free**
Sat: 3:00 - 4:30 pm • \$2/Children and \$4/Adult
Sun: 2:00 - 3:30 pm • \$2/Children and \$4/Adult

Youth 12 years old and under must be accompanied by an adult.



YOU GOTTA SEE THIS • GRADE 7 - ADULT

The Art of Magic will now be offered to teens and adults to learn the secrets behind some unbelievable tricks. Magic is an art that can develop self-confidence, self-esteem, poise creativity and give anyone a hobby to last a lifetime. All equipment is included! At the end of each lesson, the tricks that were taught are given in easy to follow directions to take home and practice.

WHEN: Mon, Jan 7 - Feb 11 (5 weeks)

No class Jan 21

TIME: 7:00 - 8:15 pm

WHERE: Community-Senior Center • 117 East Central Street

FEE: \$110

INSTR: Joe Carota, Professional Magician



HEART SAVER PEDIATRIC FIRST AID & CPR

This American Heart Association Course is designed for individuals who may need to respond to a First-Aid emergency. Participants will learn how to handle injuries and manage illness in the first few minutes until professional help arrives. Six modules are covered; First-Aid Basics, Medical Emergencies, Injury Emergencies, Environmental Emergencies, Adult CPR/AED, Pediatric CPR. Course meets the requirements of child-care providers, teachers, foster care workers, camp counselors, scout leaders, coaches, etc. Cert is good for 2 yrs.

WHEN: Sess 1 • Wed, Feb 6 ~ or ~

Sess 2 • Tue, Mar 5

TIME: 6:00 - 9:30 pm

INSTR: Juanita Allen, EMT and CPR/First Aid Instructor

FEE: \$67



INTRODUCTION TO TAI CHI • ADULT

Tai Chi is an ancient form of Chinese exercise consisting of slow, beautiful, relaxed meditative movements. Tai Chi is sometimes described as "meditation in motion" because it promotes serenity through gentle movements - connecting the mind and body. Originally developed in ancient China for self-defense, Tai Chi evolved into a graceful form of exercise that's now used for stress reduction and to help achieve a sense of inner calm. The concentration required for Tai Chi forces you to live in the present moment, putting aside distressing thoughts. This helps to develop a sense of balance and harmony between mind, body & soul. You'll be introduced to Tai Chi and begin learning postures and movements of the forms.

WHEN: Mon, Jan 7 - Mar 25 (10 weeks)

No class Jan 21, Feb 18

TIME: 7:00 - 8:00 pm

WHERE: Cole Center

FEE: \$80

INSTR: Jon Woodward, Certified Tai Chi Instructor,
25-year practitioner having studied under several teachers.



HEALTH BENEFITS THROUGH EXERCISE AND NUTRITION

Thanks to the support of the Metro West Health Foundation, the Natick Community Services Department will continue to provide a series of four week exercise and nutrition classes throughout January and February for adults ages 30 and up at the new Natick Community-Senior Center at 117 East Central Street. Qualified instructors will provide exercise instruction for the classes from Fitness Together, while Joan Hill of Hill Nutrition Consulting, will provide nutrition information.

Class size is limited, maximum 6 per class.

WHEN: Session 1 • Tue and Thu, Jan 8 - Jan 31 (8 days)

Session 2 • Tue and Thu, Feb 5 - Feb 28 (8 days)

TIME: 10:00 am, 11:00 am, 6:00 pm or 7:00 pm

FEE: Ages 30 - 59 - \$40/Session • Age 60 and older - \$24/Session

WHERE: Natick Community-Senior Center • 117 East Central Street

Registration Process

All interested participants must register in person beginning at 8:30 am Monday, December 3, 2012 at the Community-Senior Center Office.



MICROSOFT WORD • ADULTS

This course is designed for the students who are new to working with MS Word 2010 on Windows. In this 5-week course students will learn to create professional looking word documents by exploring the formatting and editing functions of MS Word. Students will also learn about the tables and the graphics function of MS Word.

Pre-requisite: Working knowledge of computers.

WHEN: Mon, Jan 7 - Feb 11 (5 weeks)

No class Jan 21

TIME: 6:30 - 8:30 pm

WHERE: Community-Senior Center Gym • 117 East Central Street

FEE: \$TBD

INSTR: Swati Dave



MICROSOFT EXCEL • ADULTS

This course is designed for the students who are new to working with MS Excel 2010 on Windows. In this 5-week course students will learn to create professional looking spreadsheets by exploring the formatting and editing functions of MS Excel. Students will also learn about the charts and the graphics function of MS Excel.

Pre-requisite: Working knowledge of computers.

WHEN: Mon, Feb 25 - Mar 25 (5 weeks)

TIME: 6:30 - 8:30 pm

WHERE: Community-Senior Center Gym • 117 East Central Street

FEE: \$TBD

INSTR: Swati Dave



THE NATICK YOU DIDN'T KNOW • ADULTS

Join us for this guided tour of Natick's "Hidden Gem" - The Historical Society Museum. Hear stories about collections that span 5 centuries, from the Indian Bible of 17th Century Missionary John Eliot to Pins and Scorecards from Fairway Bowling Alley.

WHEN: Sat, Jan 12 ~ or ~ Sat, Feb 23

TIME: 12:00 - 1:00 pm

WHERE: Natick Historical Society Museum • 58 Eliot Street

FEE: Free

WINTER PUBLIC ICE SKATING AT WILLIAM L. CHASE ARENA

Public Skating available:

Ongoing • Sundays • 2:00 - 3:20 pm and

Mondays - Fridays • 1:00 - 2:20 pm

FEE: \$5/person

Rentals available • \$5/person

For more info call (508) 655-1013 or
go to www.fmcicesports.com

FUNKY FITNESS

Please be sure to look on-line in the next week to see the final details for these great programs we are planning to offer with the most awesome instructor - Joanne Schmalenberger!!

• NON-SWEAT WORKOUT-BEFORE-WORK

Slow strength and flexibility and vertical core workout. This 45-minute program will get your *chi* flowing while building strength and flexibility.

• EASE INTO SHAPE

This is a great class to take if you are just starting an exercise program, need to get back into shape, or just need to go a little slower. Cardio, strength, flexibility and wonderful music make for a fun class with lots of laughs.

• BOUNCE AND BOOGIE

Rebounding has been proven to be 90% shock free and 60% more efficient than other exercise modalities (NASA research.) This rebounding cardio, strength and light dance class, is fun and never the same from one class to the next.

• SLENGTHENING

Release, relax, revive. This class utilizes various props and a special technique to trick the nervous system and to relax the muscles to achieve greater length while getting stronger. You unlock tight muscles and feel a sense of release, relaxation and flexibility. This exercise modality is more fully described in Joanne's book, "Slengthening Technique" coming out in 2013.

COUNCIL ON AGING & HUMAN SERVICES COMMUNITY-SENIOR CENTER

We provide and promote advocacy and support systems focused on issues of aging, working toward the ultimate goals of independence, improved quality of life and preparation for life change. Please stop by our office at 117 East Central Street Natick or call 508-647-6540 for more information on our services.

INCOME TAX ASSISTANCE

IRS trained and certified tax volunteers will be available, by *appointment only*, at the Natick Community-Senior Center to help with federal and state income tax returns for low to moderate income individuals and families. Drop-in service will not be available. These volunteers also will go to the homes of older residents who are homebound due to illness or disability. There is no charge for these tax help services. Please call for more information or to make your appointment when they are available, 508-647-6540.

FUEL ASSISTANCE APPLICATIONS

Natick Human Services & Council on Aging will assist Natick residents in completing applications for the Low Income Home Energy Assistance Program (LIHEAP) again this year.

Applicants are Natick residents of any age, either homeowners or renters, who pay for their own heat or in some circumstances have it included in their rent, and may use any type of heating fuel. Individuals and families qualify for the Fuel Assistance Program if their total income is within certain income limits. The combined total gross annual income of all household members over the age of 18 must be below the guidelines shown below to be eligible.

Please call Debbie Budd or your Human Services & COA social worker at 508-647-6540 with any questions you may have about fuel assistance or to schedule an appointment to complete an application.

FITNESS ROOM MEMBERSHIPS

The Community-Senior Center will have a fitness room with cardio equipment including elliptical, treadmills and a recumbent bike as well as dumbbells, lat pull down platform, seated leg curl machine, leg press, leg extension, upper back platform, chest press, medicine balls, stability balls, balancing pads and BOSU balancing pads.

Memberships Fees

Memberships are for 6 months Adults \$40

Discounted membership for those age 60 and above \$25

There will be a mandatory orientation to the Fitness Room before you can use it. Please call to set up your orientation at 508-647-6540.

LUNCH AT THE COMMUNITY-SENIOR CENTER

Grab a friend and join us for lunch at the Community-Senior Center Monday through Friday at 11:45 daily for a hot, home-cooked meal complete with milk, bread and dessert. Meals are planned by a registered dietitian to ensure a nutritious meal is provided daily. A cold menu choice is now available on Wednesdays. A voluntary contribution of \$3.00 per meal suggested, but not required. Please call the front desk or stop by the kitchen to check out the monthly menu. 24-hour advance reservation is required. Call 508-647-6540 to reserve your spot.

SPECIAL EVENTS • WINTER

HOLIDAY LIGHTING AND FESTIVITIES ON THE COMMON

Sunday, November 25 • Time: 2:30 - 4:45 pm



The Town of Natick and the Natick Center Associates will "Light" up Downtown and the Common with festive activities, music and lights.

(Not to mention Santa!)

Details will be available through the schools and local newspapers.



FATHER & DAUGHTER VALENTINE'S DANCE

A Valentine Dance spent with "Dad's Favorite Girl," his daughter. Uncles, brothers, grandfathers, etc. are welcome. Spend time with each other in a unique and fun way. Music, dancing, games, refreshments and memories are planned!

PRE-REGISTRATION IS A MUST! NO ONE WILL BE ALLOWED IN THE DOOR IF YOU HAVE NOT ALREADY REGISTERED.

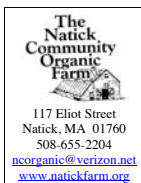
THERE ARE A LIMITED NUMBER OF SPOTS.

WHEN: Sat, Feb 9 (Snow date Sun, Feb 10)

TIME: Age 4 - Kindergarten • 4:30 - 5:45 pm
Grades 1 & 2 • 6:00 - 7:15 pm
Grades 3 & 4 • 7:30 - 8:45 pm

FEE: \$15/ couple (incl. special photo) \$5 each additional daughter





WINTER CHILDREN AND FAMILY PROGRAMS AT THE FARM

The Natick Community Organic Farm is a non-profit, diversified working organic farm situated on 27-acres of town land. We welcome visitors and school groups to learn, relax, picnic, pitch in and experience the value of productive, open green space.

The Farm is open dawn to dusk, year-round, selling eggs, organic produce and maple syrup.

Programs are held at the Farm rain or shine. Dress appropriately!!

To register for NCOF Programs on-line and/or for more detailed information, please go to our website www.natickfarm.org.

FEBRUARY VACATION PROGRAMS

WINTER FARMERS • GRADES K - 4

Experience the Farm in winter. Care for the animals, enjoy the warmth of the greenhouse, learn winter crafts, make yummy treats and explore winter in the woods. You'll be part of the opening maple sugaring season. Help tap the sugar maples if the weather is right.

WHEN: Tue - Fri, Feb 19 - 22

TIME: Sess 1 • 9:00 am - 12 Noon ~ or ~

Sess 2 • 1:00 - 4:00 pm

FEE: \$180 (members \$145)

YOUTH WORK EXPERIENCE • GRADES 5 - 8

Middle School students are invited to join the Farm staff during February Vacation working in the greenhouses, caring for animals and help with maintenance. Students will be involved in the early stages of our maple sugaring operation.

WHEN: Tue - Fri, Feb 19 - 22

TIME: Sess 1 • 8:30 am - 12 Noon ~ or ~

Sess 2 • 1:00 - 4:30 pm

FEE: \$145 (members \$115)

MAPLE MAGIC MONTH OF MARCH

MAPLE MAGIC DAY • SATURDAY, MARCH 2, 2013 PANCAKE BREAKFAST

Join us for breakfast with a warm stack of pancakes and our own fresh syrup.

TIME: 8:00 - 11:00 am

FEE: \$10 (Mem \$8); children 3-6 \$5 (Mem \$4)

WHERE: Memorial School Cafeteria
107 Eliot Street (next to the Farm)

MAPLE SUGARING PAST AND PRESENT

Walk over to the Farm for a maple sugaring adventure. Learn about the past of this New England tradition and experience how the Farm sugars today. *No pre-registration necessary.*

TIME: 9:00 am - 3:00 pm

FEE: \$6 (\$5 with purchase of pancake breakfast)

MAPLE SUGARING TOURS

Learn how sap is turned into maple syrup, watch sap drip into the buckets and enjoy the sweet smells of this New England Tradition. Families, individuals, scouts, and schools welcome. 45 minute tours and boiling can not be guaranteed.

WHEN: Mon - Sat, Feb 25 - March 23

TIME: Mon - Fri, 1:00 pm, 3:30 pm and 4:15 pm

Sat 10:00 am and 11:00 am (more times possible)

FEE: \$6 (pre-registration required)

Please send an e-mail to jchristensen.ncorganic@verizon.net to schedule a tour.

**Also located on the website you can
find out how to register for your
BARNYARD BIRTHDAY BASH**

NCOF Administrative Staff

Lynda Simkins, Farm Director

Jean-Claude Bourrut Lacouture, Assistant Farm Director

Patricia Umbrell, Farm Administrative Assistant

MARCH VACATION

MARCH FARMERS • GRADES K - 4

Shake off the winter blues and dive into spring. The farm is the place to be! The sap is flowing, we need lots of help! As the buds are swelling, our animals are getting ready to give birth and our greenhouses are bursting with seedlings. New life everywhere!

WHEN: Mon - Thu, Mar 11 - 14 ~and/or~ 18 - 21

TIME: 9:00 am - 12 Noon

FEE: \$180 (members \$145)

YOUTH WORK EXPERIENCE • GRADES 5 - 8

Middle School students are invited to join the Farm staff during March Vacation working in the greenhouses, caring for animals and help with maintenance. Students will be involved in our maple sugaring operation.

WHEN: Mon - Thu, Mar 11 - 14 ~and/or~ 18 - 21

TIME: 8:30 am - 12 Noon

FEE: \$145 (members \$115)

FARMING FOR HOME SCHOOLERS

Throughout the 2012/2013 school year we offer a two mornings for home schooler's at the Farm. Each morning children are involved in our every-day Farm operations, from animal chores to green housework and maple sugaring. Over the course of the year children will get a deep insight into all aspects of work on a farm. This is a drop-off program.

Elementary School Age

WHEN: Tue, Jan 29 - Jun 4 (17 days) ~ or ~

TIME: 9:00 - 11:00 am

Middle School Age

WHEN: Mon, Jan 28 - Jun 10 (17 days)

FEE: \$765/17 classes (Mem \$536)

AFTER-SCHOOL FARMERS • GRADES K-4

Throughout the 2012/2013 school year we offer an After-School Farming Program for Elementary School Students. The program involves students in everyday Farm operations - from animal chores to greenhouse work, maple sugaring and vegetable gardening. Memorial students will be walked over from Memorial by Farm staff. Children can be registered for eight week Sessions. No program on Natick Early Release days!

WHEN: **Grades K and 1**

Mon, Feb 11, 25, Mar 4, 11, 18, 25, Apr 1 and 8

Grades 2 - 4

Thu, Jan 31, Feb 7, 14, 28, Mar 7, 14, 21 and 28

TIME: 3:15 - 4:45 pm

FEE: \$180/8 classes (Mem \$145)

AFTER-SCHOOL IN THE WOODS GRADES K - 4

Let's reclaim our woods for afternoon play and exploration. There will be time for sledding, hikes, ponding, wood-working and building shelters. Memorial students will be walked over from Memorial by Farm staff. Children can be registered by semester. No program on Natick Early Release days!

WHEN: Tue, Jan 29 - Jun 11 **and/or**

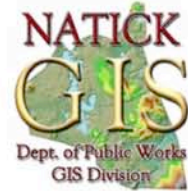
Wed, Jan 30 - Jun 5

TIME: 3:15 - 4:45 pm

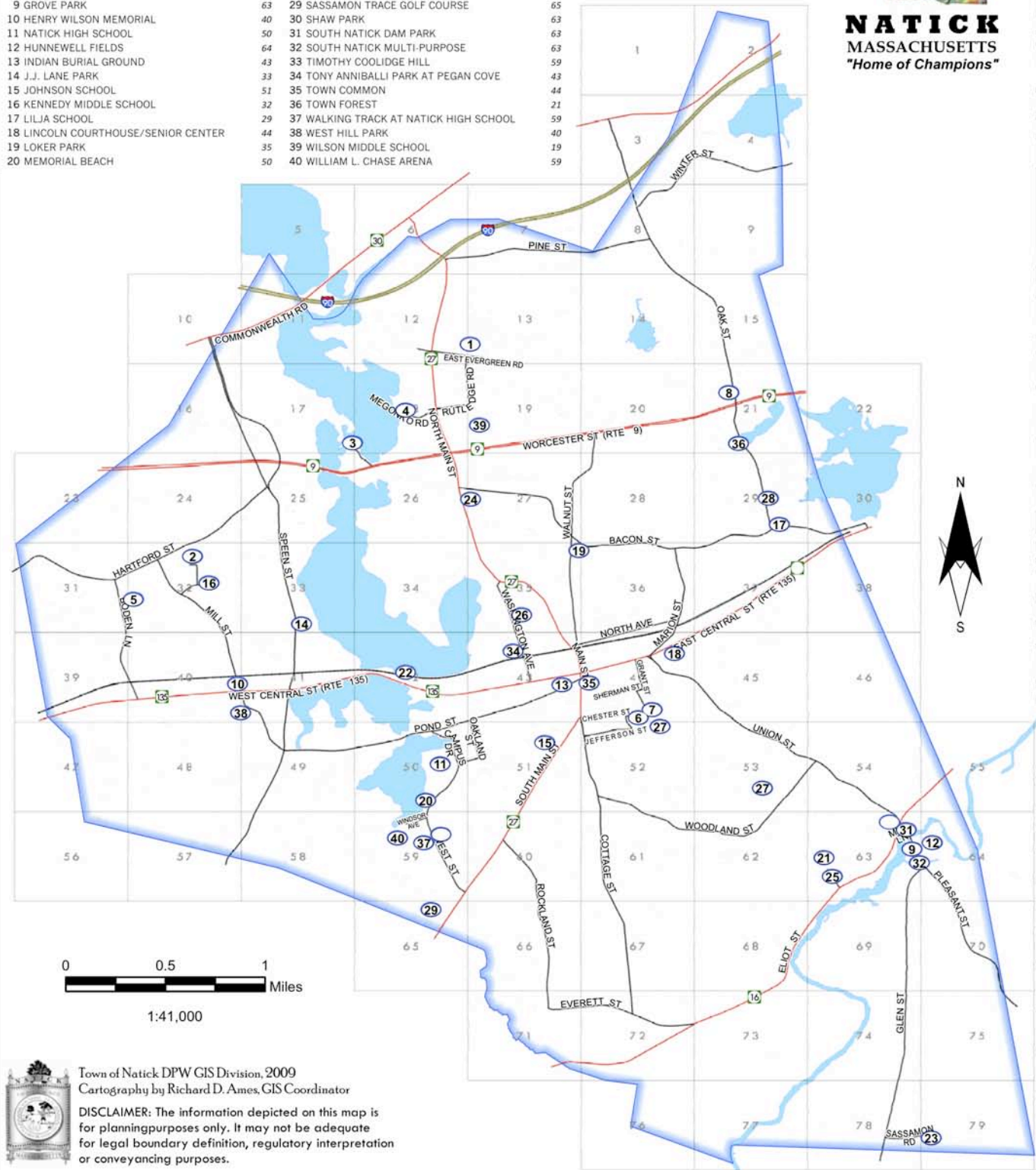
FEE: \$360/16 classes (Mem \$288)

RECREATION SITES & FACILITIES

NAME	TILE	NAME	TILE
1 BENNETT HEMENWAY SCHOOL	13	21 MEMORIAL SCHOOL	63
2 BROWN SCHOOL	32	22 MIDDLESEX PATH	42
3 CAMP ARROWHEAD	17	23 MUMFORD FOREST	79
4 MARY BUNKER PARK	18	24 MURPHY FIELD	27
5 COLE CENTER	32	25 NATICK ORGANIC FARM	63
6 COOLIDGE FIELD	44	26 NAVY YARD FIELD	35
7 COOLIDGE WOODS	44	27 ROBERT EISENMENGER TRAIL	53
8 EAST NATICK SCHOOL	21	28 SARGENT FIELD/THE MATHWORKS FIELD	29
9 GROVE PARK	63	29 SASSAMON TRACE GOLF COURSE	65
10 HENRY WILSON MEMORIAL	40	30 SHAW PARK	63
11 NATICK HIGH SCHOOL	50	31 SOUTH NATICK DAM PARK	63
12 HUNNEWELL FIELDS	64	32 SOUTH NATICK MULTI-PURPOSE	63
13 INDIAN BURIAL GROUND	43	33 TIMOTHY COOLIDGE HILL	59
14 J.J. LANE PARK	33	34 TONY ANNIBALLI PARK AT PEGAN COVE	43
15 JOHNSON SCHOOL	51	35 TOWN COMMON	44
16 KENNEDY MIDDLE SCHOOL	32	36 TOWN FOREST	21
17 LILJA SCHOOL	29	37 WALKING TRACK AT NATICK HIGH SCHOOL	59
18 LINCOLN COURTHOUSE/SENIOR CENTER	44	38 WEST HILL PARK	40
19 LOKER PARK	35	39 WILSON MIDDLE SCHOOL	19
20 MEMORIAL BEACH	50	40 WILLIAM L. CHASE ARENA	59



NATICK
MASSACHUSETTS
"Home of Champions"



It's Registration Time...

ON-LINE REGISTRATION will begin at
7:00 pm on Thursday, December 6.

www.natickma.gov/recreation
Then link to On-Line Registration
(On My Own Playgroup is a Lottery)

PLEASE NOTE!!

NR&PD will accept walk-in Program
Registrations, beginning
Friday, December 7.

For after hours drop-off, use
Cole Center's overnight mail slot
(to right of front door.)

Office Information

HOURS:

Monday - Friday
8:00 am - 5:00 pm
179 Boden Lane
Natick, MA 01760

Phone 508-647-6530
FAX Machine 508-647-6535
Cancellations • After 5:00 pm 508-647-6530
Web Site www.natickma.gov/recreation

Every program and activity in the Recreation and
Parks Department is open to all, regardless of
race, religion, color, sex, marital status, national
origin or persons with disabilities.

Administrative Staff

Jon Marshall, Director
Dan Keefe, III, Assistant Director
Mary Lou Coffey, Bookkeeper/Receptionist
Beth Cugini, Receptionist
Aaron Friedman, Program Director
Pete Meagher, Golf Course Manager
Linda Pinault, Administrative Assistant

REGISTRATION INFORMATION & GENERAL POLICIES

Registration is done **ON-LINE!!**

Visa, MasterCard & Discover Accepted

Checks payable to the "Town of Natick"

A \$25 fee will be charged for all returned checks.

Exceptions to Our On-Line Registration:

Playgroup, Special Needs Programs,
Sassamon Trace Golf Programs & Natick Community Organic Farm.

All programs have enrollment limits.

We may cancel or postpone a program with low enrollment.
Decisions are usually made one week prior to program start date.

Recreation and Parks Department reserves the right to cancel,
alter, or change any classes if circumstances warrant.

- Payment: **Full payment** must accompany your registration.
- Financial Aid: Limited financial aid is available. For information
contact the Natick Service Council located at 2 Webster
Street, Natick.
- Refunds: **Refunds are given only if a program is terminated by the
department, or receipt of a doctor's note excusing
participant from continuing. Refunds will take up to four
weeks to be processed.**
- Filled Programs: Waiting List will be available ON-LINE. Your account will
not be charged. We will try to add additional sessions
for oversubscribed programs.
- Program Location: Most programs are offered at The Cole Center. Other
locations are specified in program description.
- Photos: Please note that photos of your child may be used for
various publicity media's.
- Cancellations: Programs are cancelled when school is cancelled. Call
(508) 647-6530 after 5:00 pm weekdays and follow
automated instructions for weather cancellations.
In addition, if weather forces us to close you can check
WCVB-5 TV for cancellations or for WHDH -7 view on-line
at www.whdh.com.
You can sign up for text or e-mail notices at
www.thebostonchannel.com/closingsignup/index.html for
Channel 5 and www.whdh.com and click "Snow Day
Alert" for Channel 7. Follow prompts for both stations to
enter your information.
- Make Ups: When extreme weather conditions or an instructor's
request results in program cancellation, we will make up
the class when possible or refund the pro-rated balance.

**"Reasonable accommodations and audio-visual aids and
services will be available upon request."**

"Create Community through People, Parks and Programs"



NATICK RECREATION AND PARKS DEPARTMENT

179 Boden Lane

Natick, MA 01760

(508) 647-6530 • Office

(508) 647-6535 • FAX

(508) 647-6530 • Announcements/Cancellations (*Follow Menu*)www.natickma.gov/recreation • Website

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NATICK RESIDENT

Natick, MA 01760

Community Group Contact Information**Natick Community-Senior Center**

117 E. Central Street



Community Services Director	Dick Cugini	(508) 647-6546
Natick Council on Aging	Maira Munns	(508) 647-6540
Natick Human Services	Maira Munns	(508) 647-6540
Natick Veterans Services	Paul Carew	(508) 647-6545

Sassamon Trace Golf Course

Sassamon Trace Golf Course	Peter Meagher	(508) 647-6546
Sassamon Trace Golf Course	Website	www.sassamontrace.com

Public Non-Profit Leisure Organizations

Cochituate State Park	Tim Murphy	(508) 653-9641
Men's Softball League	(TAPE)	(508) 650-0790
Men's Softball League	(WEBSITE)	www.naticksoftball.com
William L. Chase Arena	(PHONE)	(508) 655-1013
William L. Chase Arena	(WEBSITE)	www.fmcicesports.com

Natick Youth Sports Leagues

Junior Redmen (Football & Cheerleading)	(TAPE)	(508) 653-9900
Lacrosse	(WEBSITE)	www.naticklacrosse.com
Little League	(TAPE)	(508) 647-0467
Little League	(WEBSITE)	www.natickll.org
Soccer Club (No Phone #)	(WEBSITE)	www.naticksoccer.org
Youth Hockey • Comets	(WEBSITE)	www.natickcomets.com

Other Public Service Agencies

A Place To Turn		(508) 655-8868
Bacon Free Library	John Broslin	(508) 653-6730
Family Resources of Natick (Formerly Natick Early Childhood Network)	Pam Koskovich	(508) 655-2557
Framingham Rec Dept.		(508) 532-5960
Framingham Rec Dept.	Weather Line	(508) 532-5962
Kids Connect	Debbie Sayre	(508) 652-4211
Morse Institute Library	Linda Stetson	(508) 647-6520
Natick Service Council	Greg Tutuny	(508) 655-1791